

# Italian Women's Group

is a non-profit, registered association founded in Singapore in 1976

IWG mission is:

- **to welcome** Italian women arriving in Singapore providing help and support to know and integrate with the Italian and local community;
- **to help** the needy people volunteering and organising fund-raising and charity events;
- **to promote** the Italian language, art and culture in Singapore organising events and supporting other Italian institutions;



<http://www.iwgsingapore.org>

<https://www.facebook.com/groups/italianwomensgroup/>

<https://www.facebook.com/IWG.Charity.Singapore/>

<https://www.instagram.com/iwgsingapore/>

# Charity Activity

IWG aims to contribute to the common good, progress and well-being of the needy with charitable initiatives.

*Our Charity Activities* consist of *volunteering and fund-raising events.*

IWG Board Committee selects charitable initiatives and all its fund-raising proceeds are donated to these causes.



In 2015, the Italian Women's Group supported:  
**SCUOLA SUPPLEMENTARE ITALIANA, CANOSSAVILLE, WILLING HEARTS**



**Italian Supplementary School** is a non-profit association engaged in spreading Italian culture since the Seventies; over the years it has become a reference point for Italian families in Singapore. IWG, in line with its mission to promote and divulge the Italian culture, donated to the Italian supplementary school educational materials for students. All donations are defined in agreement with the school management.

**Canossaville** Children's Home (CCH) runs a residential home for young girls ("residents") and a student care centre for children ("students"). Many of their families have caregiving difficulties due to financial, physical and mental health issues or other challenges. CCH provides a stable and nurturing environment, builds their characters, and promotes their well-being and relationships with their families.

**Willing Hearts** a secular, non-affiliated charity, Willing Hearts is wholly run by volunteers, apart from a handful of staff. It operates a soup kitchen that prepares, cooks and distributes about 5,000 daily meals to over 40 locations island wide, 365 days a year. Beneficiaries include the elderly, the disabled, low income families, children from single parent families or otherwise poverty stricken families, and migrant workers in Singapore.

**In 2016 and 2017 IWG supported:  
Scuola Supplementare Italiana, Willing Hearts and AG Home**



**AG Home is a non-profit Christian healing home** dedicated to help teenage girls and their families work through challenging situations, giving hope and direction in their lives.

**Through a holistic combination of activities** covering faith-based teaching, coaching, sports, social arts, *cooking lessons*, personal relations, AG Home offers a safe and caring environment to nurture, create positive change and foster a closer bond with parents and family.

**In 2018 IWG supported:  
Scuola Supplementare Italiana, Willing Hearts, Gladiolus place  
(former AG Home) and Singapore International Foundation**



**Singapore  
International  
Foundation**  
for a better world

Singapore International Foundation (SIF) is a Charity organization that works to help people living in rural areas of developing countries such as Indonesia, Myanmar, Cambodia, Vietnam, India ... IWG in 2018 will financially support the project "Early Childhood Education (ECE) Curriculum Enhancement and Pedagogy Project (Maharashtra, India)", aimed to spread and increase the quality of education in early childhood in Mumbai

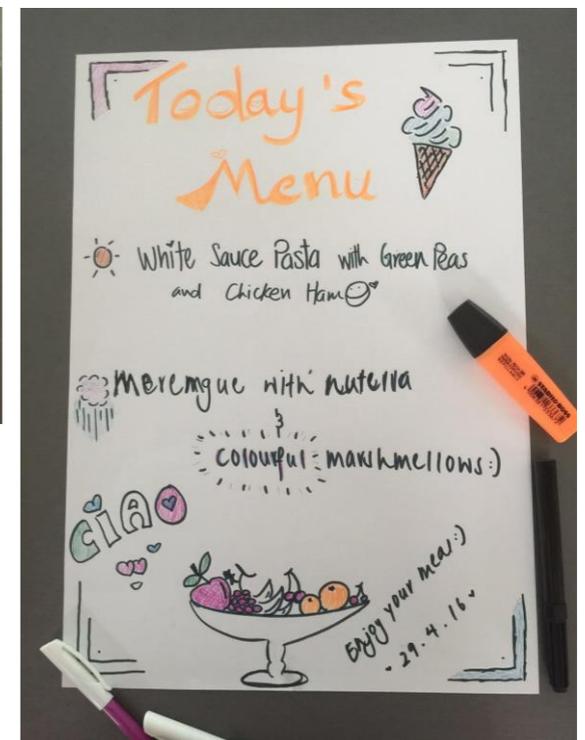
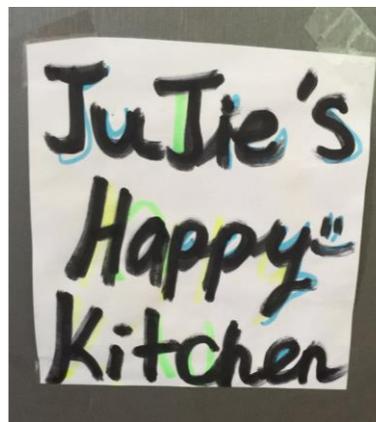
# Active Volunteering at Willing Hearts

IWG supports Willing Hearts on a regular basis. IWG members volunteer every week at Willing Hearts providing their help to prepare the meals daily prepared and distributed to the needy Islandwide.



# Active Volunteering at Gladiolus Place-former AG HOME

## Julie's Happy Kitchen project



# 2015 Activities

## “Food Tradition and Health” and promotion of Italian culture in Singapore

IWG promoted *EXPO Milan 2015*.

Expo 2015's theme was “*Feeding the Planet Energy for Life*”, encompassing technology, innovation, culture, traditions and creativity and how they relate to food and diet. IWG acknowledged and gave its contribution in the light of the new global scenarios and emerging issues, focusing on the right to healthy, secure and sufficient food for the world's inhabitants

IWG organised “*Food, Tradition and Health*”, a three day workshop to discuss with food industry and health professionals the following themes:

- Inequitable Food Distribution
- Food Safety Law & Products Authenticity
- Sustainable Agriculture

The initiative was concluded with a session for Singaporean and Italian women to share their experiences about the Italian gastronomic culture and promote cultural exchange.

ITALIAN WOMEN'S GROUP **IWG** of Singapore  
Italian Women's Group  
for EXPO MILAN 2015

*IWG cordially invites you to the conference*

### “Food, Tradition and Health”

Consistent with the theme of EXPO MILAN 2015, Feeding the Planet Energy for Life, professionals from different industries will discuss Inequitable Food Distribution, Food Safety Law & Authenticity of Products and Sustainable Agriculture.

The workshops will bring together:

- On Tuesday 28th April, from 5 pm to 7 pm  
Food Industry Professionals  
Transmitting the tradition of Italian Cooking to Singapore
- On Tuesday 19th May, from 5 pm to 7 pm  
Health Professionals  
Talking about the relationship between food and health and on the prevention of certain socio-economic diseases
- On Thursday 4th June, from 5 pm to 7 pm  
Italian and Singaporean Women  
Sharing Experiences about Italian Food

all the events are free

Location: GEMS World Academy (Singapore)  
2 Yishun street 42  
768039 Singapore

Private Bus Available

For information and registration:  
[info@iwgsingapore.org](mailto:info@iwgsingapore.org)

In collaboration with:

- ITALIAN CLUB
- Valentino
- JUPITER 57 MADE IN ITALY
- GIORGIO FERRARI FOOD+WINE
- World Academy (Singapore)
- it ITALIAN ASSOCIATION of SINGAPORE

UNDER THE PATRONAGE OF  
**ITALIA**  
EXPO MILANO 2015

ICCS  
Italian Chamber of Commerce in Singapore

ACCADEMIA ITALIANA DELLA CUCINA

WITH COMPLIMENTS FROM THE AIC

DELEGATION OF SINGAPORE-MALAYSIA-INDONESIA

# 2015

## fund-raising workshops and events

Other project carried on in 2015 included different activities such as Mandarin Language course, workshops on natural cosmetics, workshop to learn more about the Japanese traditional kimonos and trips to discover the most beautiful and hidden corners of Singapore. The proceeds of all the initiatives have been donated to charitable causes.

L'Italian Women's Group di Singapore  
presenta un workshop di

### Cosmesi Naturale

+brunch leggero

mercoledì 4 novembre  
11:00 - 13:00

La dott.ssa Cecilia Sava, farmacista e  
imprenditrice, ci parlerà di:

- ✿ Prodotti naturali
- ✿ Idratanti naturali e artificiali
- ✿ Riconoscere prodotti di qualità
- ✿ Come leggere l'etichetta
- ✿ Ingredienti nocivi

Registrarsi entro il 25 di ottobre  
scrivendo a [info@iwgsingapore.org](mailto:info@iwgsingapore.org)



Evento aperto a tutti. Per la partecipazione, si accettano  
contributi volontari che andranno in beneficenza.



**CORSO DI CINESE**  
dall'8 ottobre  
al 26 novembre 2015

**GIORNO:** OGNI GIOVEDÌ DALLE 14 ALLE 15:30

**DURATA:** 8 LEZIONI DI 90 MINUTI OGNUNA

**COSTO:** 250 SGD + MATERIALE DIDATTICO

**SEDE:** ISTITUTIO ITALIANO DI CULTURA IN BEACH ROAD

**INSEGNANTE:** RENEE HO (PARLA ITALIANO E INGLESE)

IL CORSO SI PROPONE DI INSEGNARE IL CINESE  
STRICTLY SPEAKING - PER VEDERE IL  
PROGRAMMA COMPLETO [CLICcate QUI](#)

**I POSTI SONO LIMITATI -  
ISCRIVITI ORA!**

**TUTTI I  
PROVENTI  
ANDRANNO IN  
BENEFICENZA**

L'iscrizione al corso dovrà avvenire **entro il 14 settembre**  
scrivendo a [info@iwgsingapore.org](mailto:info@iwgsingapore.org)  
Le modalità di pagamento  
verranno comunicate in seguito agli iscritti

**TUTTO ESAURITO!**

## TOUR DI LITTLE INDIA

**18 NOVEMBRE 2015**

**IWG** Italian Women's Group  
Un evento organizzato dall'Italian Women's Group  
a Singapore



**DEGIOSART**

**una mattina haori**

il team della DEGIOSART avrà il piacere di presentare la  
storia e l'evoluzione delle giacche da kimono giapponesi  
e le varie tecniche di filatura della seta

martedì 13 ottobre 2015  
11.00am

tiong bahru block 57, 01-82 eng hoon st, singapore 160057  
[www.degiosart.com](http://www.degiosart.com)

**RSVP entro martedì 6 ottobre a [info@iwgsingapore.org](mailto:info@iwgsingapore.org)**



# 2016 fund-raising events: celebrating 40 years of IWG



The 40<sup>th</sup> anniversary of IWG was marked with a Charity Gala Dinner on May 27<sup>th</sup> at Alkaff Mansion Restaurant.

Celebrations for the 40<sup>th</sup> anniversary continued with a photographic exhibition showcasing the stunning work of Sicilian photographer Charley Fazio entitled "*Donne e Paesaggi*". The exhibition was hosted at Wowhaus in Niven Road from May 27 to May 31.



Proceeds from the Gala Dinner, the exhibition and sale of the artworks were donated in charity.

# 2016 fund raising activities

## Early Christmas Bazaar at Singaporean Council of Women Organization



The poster features a decorative border with red berries, green leaves, and a red bird. The text is centered within a white rectangular area with a red border.

**Early Christmas Bazaar**

Kick-start the holiday season at the Early Christmas Bazaar @ SCWO and support worthy causes!

Join us for a day of great New2U bargains, food and fun activities for children

When  
19 November 2016

Time  
10am - 4pm

Where  
SCWO Centre, 96 Waterloo Street

For queries, email [events@scwo.org.sg](mailto:events@scwo.org.sg) or call 6837 0611

Participating organisations:  
Scrap4mist International of Singapore • Italian Women's Group  
Singapore Association of Women Lawyers • Great Women / AWEN (non-member)

SCWO **new2u** THRIFT SHOP



# 2016 fund-raising events

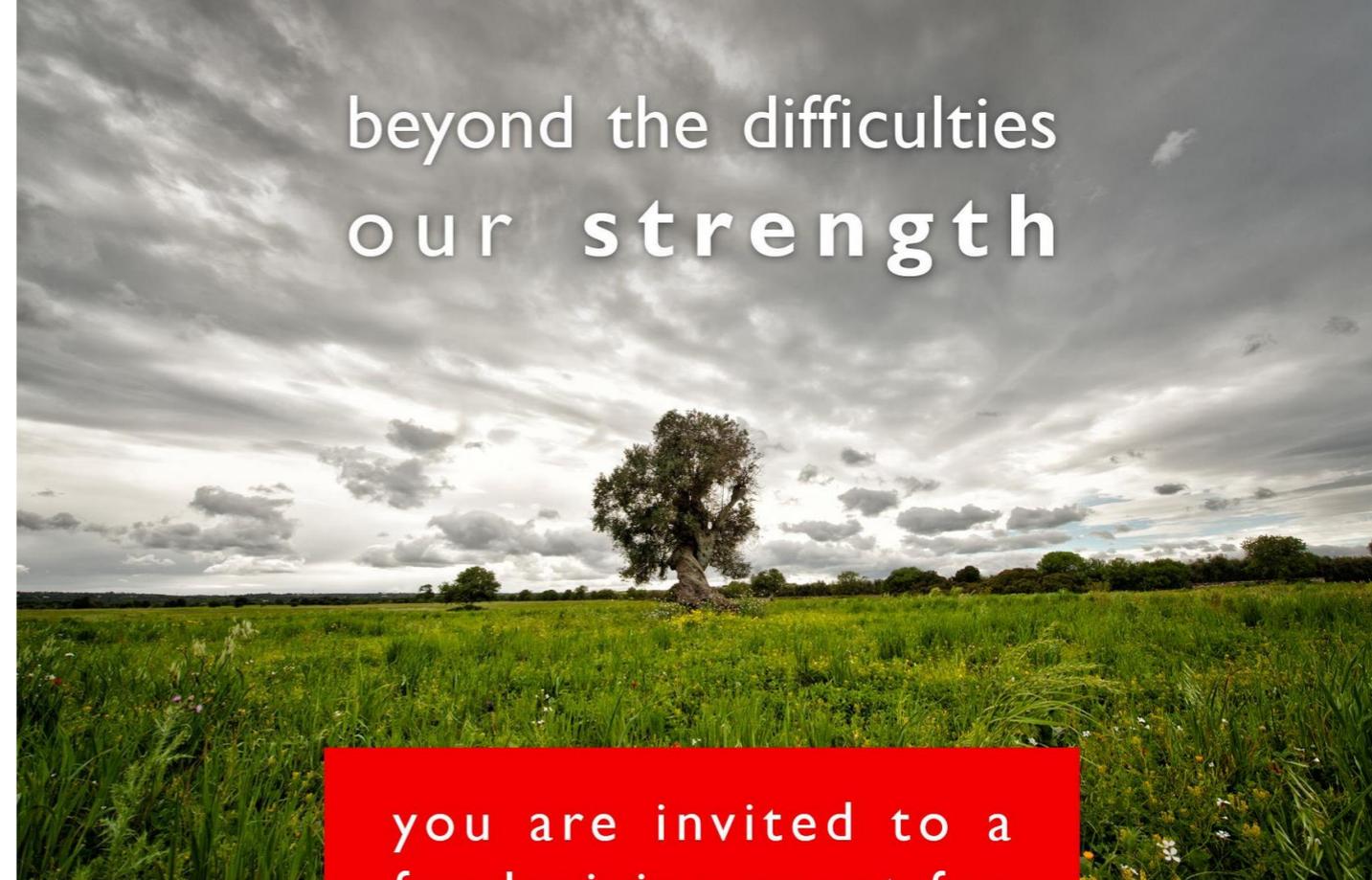
## Our Commitment “For Amatrice” 11 November 2016

*Under the Patronage of the Italian Embassy, supported by Barilla and Fullerton Bay Hotel*

IWG organized “For Amatrice”, an event to raise funds to support the population of central Italy affected by a devastating earthquake.

The event was the occasion to enjoy a dish of Amatriciana pasta, a glass of wine and feel closer helping those in difficulty.

In the course of the event took place a silent auction of photographer Charley Fazio work.



beyond the difficulties  
our strength

you are invited to a  
fundraising event for  
♥ **Amatrice** ♥  
11 November '16 @ 7pm  
The Clifford Pier (Fullerton Bay Hotel)

Enjoy a dish of Amatriciana pasta and take part in the silent auction of works by award-winning Italian photographer Charley Fazio.

**35** sgd

Fully donated to Amatrice

For for reservations and donations please visit the website:  
[www.italianwomensgroup.org](http://www.italianwomensgroup.org)



Under the patronage of  
Embassy of Italy Singapore



Organized by: Italian  
Women's Group Singapore

Supported by:



This is a private fund-raising by the Italian Women's Group. All proceeds will be channelled to the Italian Red Cross for the disaster response efforts of the Aug 2016 Italian Earthquake, through the Singapore Red Cross.



IWG Charity



[www.italianwomensgroup.org](http://www.italianwomensgroup.org)

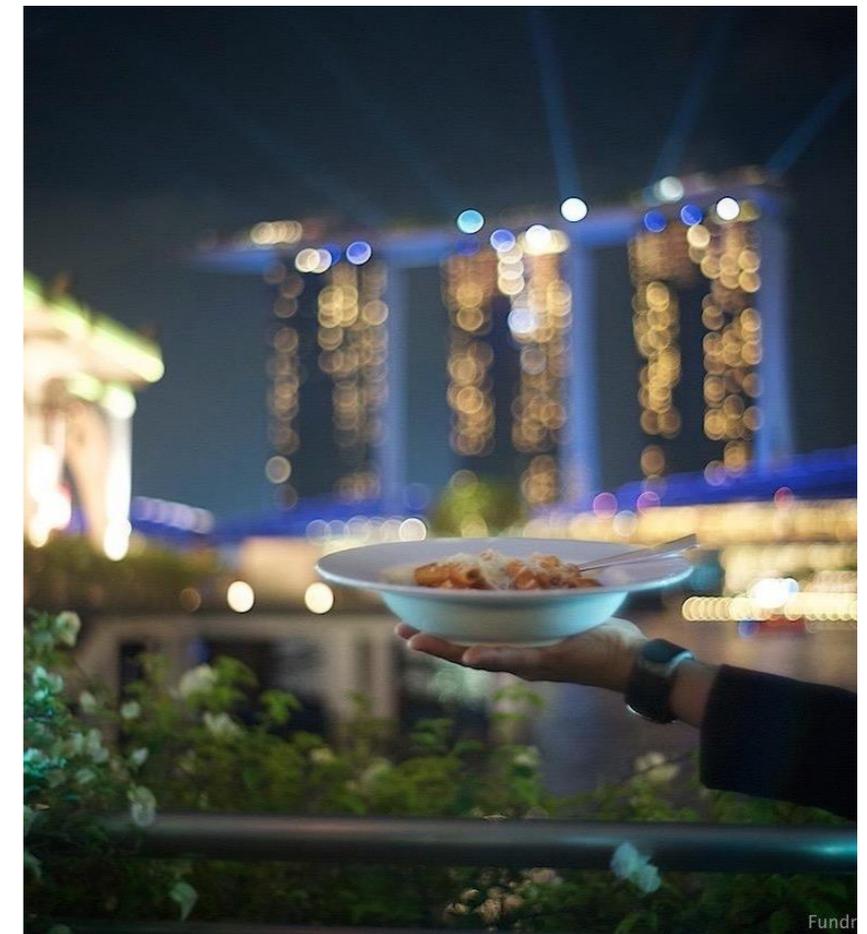


[iwgsingapore@gmail.com](mailto:iwgsingapore@gmail.com)

# Beyond Difficulties our Strength

Many companies and institutions helped us to make possible this event and each generously contributed to this important cause.

All proceeds collected have been donated to the earthquake victims, through the International Red Cross Organization.



In recognition of its efforts IWG received a thank you note from Flavia Pola, Fundraising Officer of the Italian Red Cross, for raising 14,000 Euro.

# Workshop and fund-raising activities 2017

Fundraising activities in 2017 included cooking classes and workshops on healthy nutrition. On March the 8th we dedicated a "Women for Women" Charity Lunch to Julie's Happy Kitchen Project at AG Home.

**IWG COOKING LESSON**

*Treccie salate e dolci... per ogni occasione!*

Ritroviamoci a condividere le nostre ricette del cuore: oggi cuciniamo insieme e assaggiamo le treccie di Enrica, ottime sia da mangiare dolci per una salutare e ricca colazione, che salate per una sfiziosa e gustosa merenda con gli amici.

Venerdì 05 Maggio  
dalle 10:30 alle 13:00  
zona Newton

costo per le socie 25 SGD  
costo per le non socie 35 SGD  
(la quota comprende un assaggio da mangiare insieme a fine lezione o condividere con i propri familiari a casa)



PREPARAZIONE E PRESENTAZIONE DI UN PIATTO DELLA NOSTRA TRADIZIONE

**Sana alimentazione e Lunch Box Ideas**

27 Settembre 11am - 2:30pm  
Veronica Cavallini, dietista

Marina Bay Residences  
18 Marina Boulevards  
Function room level 7  
Singapore 018980

11am - 12:30pm workshop:  
Principi generali per un piatto sano  
ed idee per il lunch box per bambini...  
e per tutta la famiglia  
12:30 - 2:30pm light lunch and caffè

Costo: gratuito per socie, 10\$ non socie  
Confermare la partecipazione a : [info@iwgsingapore.org](mailto:info@iwgsingapore.org)



IWG

**IWG COOKING LESSON**

*I miei spring rolls*

Ritroviamoci a condividere le nostre ricette del cuore: oggi cuciniamo insieme e assaggiamo gli spring rolls, un piatto tipicamente asiatico rivisitato da Maurizio...che lo presenta come un perfetto punto di incontro tra Oriente ed Occidente.

Venerdì 17 Marzo  
dalle 10:30 alle 13:00  
zona Marina Bay

costo per le socie 25 SGD  
costo per le non socie 35 SGD  
(la quota comprende una porzione di spring rolls da mangiare insieme a fine lezione o condividere con i propri familiari a casa)



PREPARAZIONE E PRESENTAZIONE DI UN PIATTO ORIENTALE...UN PO' RIVISITATO

**women for women**

IWG and DIAS together to support AG Home  
a no-profit Christian healing home that helps  
teenage girls work through challenging  
situations in their lives

**8**  
March

Aura Restaurant  
1 St. Andrews Road,  
#05-03 National Gallery  
12:00pm




# Oltre Singapore

*In August 2017 a twinning among the three Associations: the Italian Women Group in Singapore, the Italian Women Association in Hong Kong and the Italian Women Association in Shanghai was established. This twinning is important for creating new synergies aimed at strengthening the spirit of openness and solidarity that must characterise our association and its members.*



# 2018

## Journey into Italian Food



*Journey into Italian Food*  
COOKING CLASSES TAILORED  
FOR DOMESTIC HELPERS

**DATE** MONDAY, 23 APRIL 2018  
MONDAY, 21 MAY 2018  
THURSDAY, 28 JUNE 2018

**TIME** 10.00AM -12.30PM

**VENUE** CASA BARILLA  
27 KRETA AYER ROAD,  
SINGAPORE 088994

**REGISTER AT:**  
marketing@iwsingapore.org

www.iwsingapore.org

Barilla  
IWG  
Italian Women's Group  
Singapore

In accordance with IWG mission, the “**Journey into Italian Food**” hands-on cooking course was meant to spread the the italian gastronomic culture in Singapore

This 3-class program was designed to **equip our helper with the fundamentals of Italian cuisine**. The classes took place in the professional Barilla Kitchen and consisted of simple yet delicious italian traditional recipes

## Fundraising Event for the “Emergenza Liguria”

On November 2018 the Council of Ministers declared a state of emergency due to the wave of bad weather that affected many regions in Italy. Among these regions Liguria suffered disastrous damage due mainly to storms and gusts of wind.

Italian Women’s Group organized a Christmas Party and channeled all the proceeds to the Italian Red Cross through the Red Cross of Singapore



**f**  
THE  
FULLERTON BAY  
HOTEL  
SINGAPORE

**IWG** Italian Women’s Group  
Singapore

Early Bird Price  
SGD 80  
Only until the 20/11/18

Regular Price  
SGD 100  
After the 20/11/18

*Christmas*  
Party

The funds from the IWG Christmas Party  
will be donated to the Italian Red Cross  
for the “Emergenza Liguria” through the  
Red Cross of Singapore

**December 03, 2018**  
7pm onwards - Standing Dinner  
Fullerton Bay Hotel - The Landing Point

*IWG strongly feel the commitment to stay close to our fellow citizens in times of need and it is a source of pride to give concrete help*